



Sewickley Academy Lower Division

May



May is Burger and Salad Month
May 10th is National Shrimp Day

Menus are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Italian Wedding 29</p> <p>Chicken Tenders Or V Macaroni & Cheese V Crinkle Cut Fries V Charred Brussels Sprouts V Vegetable Medley</p>	<p>Chicken Tortilla 30</p> <p>Beef Tacos or V Nachos V Cheese Sauce V Cilantro Lime Rice V Corn V Black Beans</p>	<p>Broccoli Cheese 1</p> <p style="text-align: center;">Burger Bar V</p> <p>Beef, Turkey, or Black Bean House made Chips V Honey Glazed Carrots V Vegetable Medley</p>	<p>Tuscan Sausage 2</p> <p>Beef Lasagna Or V Pasta with choice of Marinara or Alfredo V Garlic Bread V Parmesan Cauliflower V Vegetable Medley</p>	<p>3</p> <p>Lower Division Grandparent's and Special Friends Day</p>
<p>Cream of Asparagus 6</p> <p>Gyro Or V Grilled Cheese V Ranch Roasted Potatoes V Green Beans V Vegetable Medley</p>	<p>Beef Vegetable 7</p> <p>BBQ Pulled Pork Or V Macaroni & Cheese V Honey Roasted Sweet Potatoes V Cornbread V Peas, Vegetable Medley</p>	<p>Spinach Tortellini 8</p> <p>Pot Roast Or V Shrimp Poppers V Mashed Potatoes Gravy V Button Mushrooms V Vegetable Medley</p>	<p>Chicken Noodle 9</p> <p>Cheesy Scrambled Eggs Or V Pancakes (Plain or Chocolate chip) V Home fries Bacon Sausage</p>	<p>Shrimp Chowder 10</p> <p>Pizzas: Cheese or Pepperoni V Waffle Fries V Broccoli V Vegetable Medley</p>
<p>Creamy Chicken 13</p> <p>Gnocchi Meatball Sub Or V Cheese Tortellini w/marinara V Parsley Red Potatoes V Broccoli V Vegetable Medley</p>	<p>Italian Wedding 14</p> <p>Chicken Patty Or Beef Corn Dog V Buttered Noodles Green Beans V Vegetable Medley</p>	<p>Beef Barley 15</p> <p>Baked Teriyaki Chicken Or V Vegetable Lo Mein V Jasmine Rice V Asian Style Cauliflower Pork Pot stickers</p>	<p>Southwest Vegetable 16</p> <p>Chicken Fajitas Or V Cheese Quesadilla V Spanish Rice V Pinto Beans V Sautéed Peppers & Onions Corn</p>	<p>Sweet Corn Chowder 17</p> <p>All Beef Hot Dog Or V Pierogis V Ranch Roasted Potatoes V Button Mushrooms V Vegetable Medley</p>
<p>Vegetable Barley 20</p> <p>Anniversary Chicken or V Macaroni & Cheese V Baked Potato V Broccoli V Vegetable Medley</p>	<p>Turkey Chili 21</p> <p>Cheesy Scrambled Eggs Or V French Toast V Shredded Hash browns Bacon Sausage V Biscuits</p>	<p>French Onion 22</p> <p>Chicken Tenders Or V Grilled Cheese V Buttered Noodles Green Beans V Vegetable Medley</p>	<p>Chicken Lentil 23</p> <p>Meatloaf Or Shrimp Poppers Mashed Potatoes, Gravy Corn V Vegetable Medley</p>	<p>Chicken Noodle 24</p> <p>Pizzas: Cheese or Pepperoni V Waffle Fries V Broccoli V Vegetable Medley</p>

We Proudly Serve:
Fresh made from scratch soups
Locally sourced produce
Cage Free Eggs

Meal Deal \$5.30
1 Entrée (cold or hot)
2 side dishes
Beverage (milk, water, or juice)

Daily Offerings
Fresh and Local Salad Bar
Assorted Deli Sandwiches Made Daily

