



# Sewickley Academy Lower Division

## March



**March 13th is National Chicken Noodle Soup Day**

Menus are subject to change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Italian Wedding 4  Gyro Or Grilled Chicken Breast Ranch Roasted Potatoes Broccoli Vegetable Medley	4  4 4 4 4 4	Cajun Gumbo Beef Tacos or Nachos Nacho Cheese Mexican Rice Corn Black Beans	5  4 4 4 4 4	Broccoli Cheese Shrimp Poppers Or Cheese Tortellini with Marinara Basmati Rice Button Mushrooms Vegetable Medley	6  6 6 6 6 6	Vegetable Barley Roasted Turkey Or Sliced Ham Mashed Potatoes Gravy Peas Vegetable Medley	7  7 7 7 7 7	Spinach Tortellini Pizzas: Cheese or Pepperoni Waffle fries Roasted Butternut Squash Vegetable Medley	8  8 8 8 8 8
Sweet Corn Chowder BBQ Pulled Pork Or Grilled Cheese Ranch Roasted Potatoes Balsamic Roasted Brussels Sprouts Vegetable Medley	11  11 11 11 11 11	Tuscan Sausage Meatball Sub Or Pasta with choice of Marinara or Alfredo Garlic Bread Parmesan Cauliflower Vegetable Medley	12  12 12 12 12 12	Chicken Noodle Pot Roast Or Pierogis Mashed Potatoes Gravy Green Beans Vegetable Medley	13  13 13 13 13 13	Stuffed Pepper Cheesy Scrambled Eggs Or Pancakes (Plain or Chocolate chip) Home fries Bacon Sausage	14  14 14 14 14 14	Clam Chowder Beef Hot Dog Or Macaroni & Cheese Baked Potato Sautéed Mushrooms Broccoli Cheddar Cheese Sauce	15  15 15 15 15 15
18	19	20	21	22	23	24	25	26	27
Closed Spring Break		Closed Spring Break		Closed Spring Break		Closed Spring Break		Closed Spring Break	
28	29	30	31	1	2	3	4	5	6
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**We Proudly Serve:**  
 Fresh made from scratch soups  
 Locally sourced produce  
 Cage Free Eggs

**Meal Deal \$5.30**  
 1 Entrée (cold or hot)  
 2 side dishes  
 Beverage (milk, water, or juice)

**Daily Offerings**  
 Fresh and Local Salad Bar  
 Assorted Deli Sandwiches Made Daily  
 Sun Nut Butter

