

# SEPTEMBER 2019

- A variety of deli sandwiches available daily.
- Full Salad bar available daily
- September is National Chicken Month

## MONDAY

**2 Closed for Labor Day**

**9** Rustic Squash soup, meatloaf or cheese tortellini with marinara, mashed potatoes, and gravy, green beans, and roasted beets.

**16** Sweet potato & pumpkin soup, potato chip chicken or pierogis, roasted ranch potatoes, steamed broccoli, and sautéed sesame garlic spinach.

**23** New England clam chowder, hot ham & cheese pretzel sandwich or meatball Stromboli, house made potato chips, asparagus, and roasted cauliflower.

**30**

## TUESDAY

**3** Chicken Fiesta soup, Beef tacos or Cheese Quesadilla, cilantro lime rice, Spanish style corn, and black beans

**10** Lentil with cilantro and orzo soup, burger bar with choice of beef, turkey, or black bean burger, house made chips, roasted carrots, and asparagus.

**17** Stuffed pepper soup, scrambled eggs or French toast, home fries, bacon, and sausage patty.

**24** Mexican corn soup, beef tacos or cheese nachos, Spanish rice, steamed corn, and black beans.

## WEDNESDAY

**4** Cheeseburger Chowder, crust less vegetable quiche or pancakes, shredded hash browns, bacon, and sausage.

**11** Beef & mushroom barley soup, Korean beef and broccoli or vegetable lo mein, Jasmine rice, pork pot stickers, and sweet & sour vegetables.

**18** Chicken gumbo soup, roast beef au jus or cheese ravioli, baked potato, roasted vegetables, and caramelized onions.

**25** White chicken chili, three cheese lasagna or sweet Italian sausage, parsley red potatoes, roasted mushroom medley, and sautéed peppers & onions

## THURSDAY

**5** Potato Kale soup, beef hot dog or macaroni & cheese, roasted sweet potatoes, steamed peas, and curry roasted cauliflower.

**12** Broccoli and cheese soup, chicken patty or gyro, roasted four cheese potatoes, steamed corn, and garlic sautéed spinach.

**19** Tomato Florentine soup, chicken tenders or grilled cheese, buttered noodles, roasted butternut squash, and steamed peas.

**26** Butternut squash soup, roasted turkey or farmer's pot roast with vegetables, mashed potatoes, and steamed broccoli.

## FRIDAY

**6** Chili con carne, chicken tenders or grilled cheese, buttered noodles, roasted mushroom medley, and roasted zucchini.

**13** Chicken tortellini soup, cheese or pepperoni pizza, herbed Parmesan potato wedges, steamed peas, and yellow squash.

**20** Turkey & rice soup, BBQ pulled pork or macaroni & cheese, mashed sweet potatoes, steamed corn, and oven roasted Brussels sprouts.

**27** Chicken noodle soup, cheese or pepperoni pizza, seasoned waffle fries, green beans, and roasted carrots.