Excellence in Dining Services…
Sewickley Academy Senior School

Week 2
Mon January 14th—Friday January 18th

Metz Culinary Management

	Monday	Tuesday	Wednesday	Thursday	Friday
Day Breakers	Assorted Breakfast Sand. French Toast Sticks Hash Brown or Tator tots Doughnuts Assorted Cold Cereals Assorted Fruits	Assorted Breakfast Sand. French Toast Sticks Hash Brown or Tator tots Doughnuts Assorted Cold Cereals Assorted Fruits	Assorted Breakfast Sandwich Pancakes Hash Brown or Tator Tots Doughnuts Assorted Cold Cereals Assorted Fruits	Breakfast Sandwiches French Toast Sticks Hash Brown or Tator Tots Doughnuts Assorted Cold Cereals Assorted Fruits	Breakfast Sandwiches French Toast Sticks Hash brown or Tator Tots Doughnuts Assorted Cold Cereals Assorted Fruits
du Jour	**Broccoli Cheddar And French Onion**	**Beef Vegetable And Roasted Red Pepper Bisque**	**Chicken Noodle And Vegetarian Vegetable**	**Green Pesto Gnocchi And Turkey & Rice**	**Italian Wedding And Black Bean Soup**
V	**Gnocchi with Kale Pesto**	**Mushroom Bruschetta**	**Cheese Tortellini with Marinara**	**Baked Potato Bar with Regular and Sweet Potatoes**	**Fajita Vegetable Quesadilla**
Main Plate	**<u>Wing Bar</u> Plain, Buffalo, or Butter & Garlic** Potato Wedges Honey Glazed Carrots Vegetable Medley	**Meatloaf Or Spinach Stuffed Flounder** Mashed Potatoes Gravy Orange Thyme Roasted Beets Vegetable Medley	**Beef Lasagna Or Herb Pork Loin** Parsley Red Potatoes Balsamic Roasted Brussels Sprouts Vegetable Medley	**Cajun Chicken Penne Or Baked Salmon Dijon** Broccoli Sautéed Button Mushrooms	**<u>Taco & Nacho Bar</u> Ground Beef Nacho Cheese** Cilantro Lime Rice Corn Black Beans **Toppings:** jalapenos, sour cream, salsa, shredded lettuce, chopped tomato Shredded cheese, guacamole

ALA CARTE ITEMS STILL AVAILABLE

We are proud to offer the following items daily:

Made to Order Deli Sandwiches
Local and Fresh Salad Bar
Daily Grab and Go Options
Freshly Baked Pizzeria Options
Cage Free Eggs and Hormone Free Milk

Full Meal Deal $6.30
Entrée , 2 sides, and beverage

Petite Deal $5.05
Entrée, 1 side, and beverage

* - denotes an up-charge