



# Sewickley Academy Lower Division

## February



**February 7th is National Fettuccine Alfredo Day**  
**February 8th is National Potato Lover's Day**  
**February 13th is National Tortellini Day**  
**February 25th is National Clam Chowder Day**

Menus are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Curried Tomato Tortellini 4 Chicken Tenders Or Shrimp Poppers Ranch Roasted Potatoes Honey Glazed Carrots Vegetable Medley	Chicken Tortilla Beef Tacos 5 or Nachos with Cheese Cilantro Lime Rice Corn Black Beans	Broccoli Cheese 6 Gyro Or Grilled Cheese Buttered Egg Noodles Peas Vegetable Medley	Tuscan Sausage 7 Meatball Sub Or Fettuccini Alfredo Parsley Red Potatoes Parmesan Cauliflower Vegetable Medley	Potato Chowder 8 Hot Dogs Or Macaroni & Cheese Baked Potato Sautéed Mushrooms Broccoli Cheddar Cheese Sauce
Curried Carrot Chicken Patty 11 Or Beef Corndog Waffle Fries Charred Brussels Sprouts Vegetable Medley	Beef Vegetable Anniversary Chicken 12 Or Pierogis Ranch Roasted Potatoes Roasted Butternut Squash Vegetable Medley	Spinach Tortellini Pot Roast 13 Or Cheese Tortellini with Marinara Mashed Potatoes, Gravy Button Mushrooms Vegetable Medley	Chicken Noodle Cheesy Scrambled Eggs 14 Or Pancakes (Plain or Chocolate chip) Home fries Bacon Sausage	15 <b>NO Classes</b> <b>In Service Day</b>
18 <b>Closed</b> <b>President's Day</b>	Italian Wedding BBQ Pulled Pork 19 Or Macaroni & Cheese Cornbread Honey Roasted Sweet Potatoes Sugar Snap Peas	Beef Barley 20 Baked Teriyaki Chicken Or Vegetable Lo Mein Jasmine Rice Asian Style Cauliflower Pork Pot stickers	Southwest Vegetable Chicken Fajitas 21 Or Cheese Quesadilla Spanish Rice Pinto Beans Sautéed Peppers & Onions Corn	Creamy Chicken Gnocchi 22 Beef Lasagna Or Pasta with choice of Marinara or Alfredo Garlic Bread Broccoli, Veg Medley
Clam Chowder Cheesy Scrambled Eggs 25 Or French Toast Shredded Hash browns Bacon Sausage Biscuits	Vegetable Barley 26 <b>Burger Bar</b> Beef, Turkey, or Black Bean House made Chips Honey Glazed Carrots Vegetable Medley	French Onion Chicken Tenders 27 Or Grilled Cheese Buttered Noodles Green Beans Vegetable Medley	Chicken Lentil Meatloaf 28 Or Shrimp Poppers Mashed Potatoes, Gravy Corn Vegetable Medley	1 <b>NO CLASSES</b> <b>Lower Division</b> <b>Conference Day</b>

We Proudly Serve:  
 Fresh made from scratch soups  
 Locally sourced produce  
 Cage Free Eggs

**Meal Deal \$5.30**  
 1 Entrée (cold or hot)  
 2 side dishes  
 Beverage (milk, water, or juice)

**Daily Offerings**  
 Fresh and Local Salad Bar  
 Assorted Deli Sandwiches Made Daily  
 Sun Nut Butter

